



PHOENIX



looking back over a month of Taekwondo

TAEKWONDO

Inspiring a Generation

Phoenix Taekwondo 200 Member Club



Phoenix Taekwondo passed a significant milestone last month as we welcomed our 200th current member to the Phoenix family! This makes us a '200 Member Club' with 200 members currently registered across our Little Dragons, Juniors, Adults and Black Belts as a single club, with British Taekwondo, the official governing body for Taekwondo in the UK. The 200th member honour went to new starter, Ellie, joining the Phoenix Junior Beginners class. This is a fantastic achievement from our humble beginnings with 6 members in 2011, and reflects the great family spirit in the club, battling through the last years of Lockdown that were so tough for all clubs over the country. Here's to the next 100 members!!!!

Phoenix Member Selected for Great Britain National Poomsae Squad Team

BIG congratulations to Phoenix adult member and Poomsae athlete, Jon, who has been selected to join the GB National Poomsae (Patterns) Squad after a evaluation procedure in the southern region selections. This brings the total number of Phoenix members in the GB National Squad to 3(!!) a fantastic achievement for the club!



EVENTS
MAY

UPCOMING EVENTS

IMPORTANT DATES

- May 12th Fri: Little Dragons Belt Grading
- May 14th Sun: Learn Your Next Pattern Workshop
- May 19th Fri: Little Dragons Belt Presentation
- May 21st Sun: Black Belt Training
- May 28th Sun: Poomsae Squad (K1/Dan Grade)
- June 4th Sun: Poomsae Squad (K2/K3 Grade)
- June 11th Sun: Sport Sparring (all grades)
- June 18th Sun: Phoenix Club Mock Grading
- June 25th: Black Belt Grading Seminar (2hrs)
- July 2nd Sun: Phoenix Club Grading
- Sept 17th Sun: Bluewave Poomsae Competition
- Sept 24th Sun: Black Belt Dan Grading Seminar
- Oct 14 -15th: National Poomsae Championships
- Nov 19 Sun: National Level Dan Examination

Phoenix Student at University, Scores Double Bronze at GB National Student Championships



It is always fantastic to see Phoenix students away studying at university continuing their Taekwondo! In April, Phoenix Black Belt, Hannah, currently at University of Lancaster, won TWO Bronze medals in sparring at the British University Taekwondo League National Student Championships and Spring BUCS Championships - such a fantastic achievement!

Hannah is currently the vice president of the Taekwondo society at her university and next year is aiming to become the president! Hannah thanked the club for 'keeping her passionate about Taekwondo and allowing her to make so many amazing friends at the club and that she hopes to pass on that passion at Lancaster as this year!'

With so many Phoenix students off on their way to University this year, we will miss you all but expect that ALL of you will continue your Taekwondo at University. We know you will do the club proud and of course we look forward when you all return to training during the long university holidays :-)

Phoenix support students working for their Duke of Edinburgh Award



Phoenix Taekwondo has a long history of working with the Duke of Edinburgh Award scheme, supporting many of our students working towards their Bronze, Silver or Gold DofE awards as assessors. There are two categories to choose from: you can either set yourself a goal for the DofE 'Physical Section', like a grading or demonstration; or you can join us as a helper in the classes as part of the 'Volunteering' category. Our most recent Duke of Edinburgh award student is Phoenix Black Belt, Olivia, who is currently helping out in the Beginner Junior classes with demonstrations, coaching, mitt holding and more! These DofE students are a great help to the club as well, as they work through the scheme. If you are interested in using Phoenix Taekwondo for your DofE studies, just let us know at the class!

and finally It's been a year! ELEMENTS 14 May 2022



It's been a Year! May 14th sees the anniversary of our spectacular Taekwondo theatrical stage show, ELEMENTS, performed on May 14th 2022 at the Amey Theatre Abingdon. Phoenix Taekwondo managed to do what no other Taekwondo club in the country has done, taking our martial art to the theatrical stage with 21 scenes showcasing all aspects of our martial art for all ages from Little Dragons to Phoenix Adults. With over 100 Phoenix members on stage, the club managed to raise £2500 for the local Oxfordshire charity, Be Free Young Carers. Maybe it is time to break out your DVD/BluRay copy and have a nostalgic watch night!

This Months Little Dragons Tae-Yong Award Winners!



Congratulations to this month's Tae-Yong award winners, Thomas, Gwen, William and Sophie . All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

