



PHOENIX TAEKWONDO



looking back over a
month of Taekwondo

Inspiring a Generation

Taekwondo is Out Of This World!



Showing how Taekwondo builds a worldwide community, Phoenix Taekwondo instructor Chris recently enjoyed a unique experience when he was invited to give an evening seminar teaching Poomsae to the European Space Agency's Taekwondo club near Leiden in the Netherlands. For his day job, away from teaching Taekwondo, Chris works with RAL Space in the UK and the European Space Agency (ESA), building a spacecraft that will be launched later this decade to discover Alien Worlds in the Universe! Showing how big the Taekwondo universe is, one of the ESA scientists Chris works with, runs the ESA Taekwondo club and invited Chris to provide a 3 hour Poomsae Seminar on the ESA site – which required obtaining specific security clearance! The seminar was split into 2 parts, the first covering the Taegeuk Patterns 1-8 for both ESA scientists and their families, while the second part worked on the higher Dan Grade Poomsae for the advanced grades at the club. We would like to thank Master Ludovic of the ESA ESTEC Taekwondo club for the invitation and look forward to the return visit in the UK!



Welcoming this Month's Little Dragons Graduates to the Phoenix Juniors Class

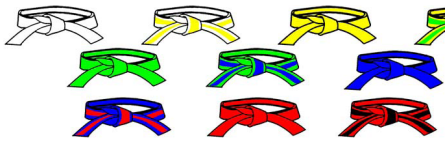
Last month we graduated three more of our Little Dragons to the Phoenix Junior classes. A BIG welcome to Nayan, Alex and Akani on making the BIG step up. Get those Graduation Badges on your uniforms!



UPCOMING EVENTS IMPORTANT DATES

- May 9th Fri: Little Dragons Belt Grading
- May 11th Sun: Club Grading (Junior/adults)
- May 18th Sun: Phoenix Poomsae Referees Course
- May 31st Sat: Bluewave Sport Test Match Day
- June 8th Sun: Self-Defence Seminar (Boston)
- June 21st Sat: Wales Poomsae International
- July 5th Sat: Summer Demonstration Event
- Sept 21st Sun: Bluewave Poomsae Championships
- Sept 28th Sun: Black Belt Grading Seminar
- Oct 18th Sat: Aquila Poomsae Championships
- Nov 1st/2nd: National Poomsae Championships
- Nov 23rd Sun: National Black Belt Grading

Phoenix Taekwondo Grading Examinations



It's Phoenix grading season! Our next Little Dragons Belt Grading will be held during the normal

class time on Friday 9th May with the presentation the following Friday. Our club examination for Juniors and Adults will be on Sunday 11th May at Manor School. Please ensure all grading fees are paid in advance! Details have been sent by e-mail:

12.15pm - Sunday Doors Open

12.30pm - 2.00pm - Current White Yellow Belts

2.15pm - 3.45pm - Current Green Stripes to Blue Stripes

4.00pm - 5.30pm - Current Blue Belts to Red Belts

Phoenix Students Lead in School

It is always fantastic to celebrate Phoenix students' achievements beyond Taekwondo and this month we are congratulating 4 of our Black Belts in attaining leadership roles in their schools. We have deputy Head Boys James and Lucas, followed by Harry as Charity, Diversity, Wellbeing Leader and head of School Council. Finally, Amelia as Sports and Diversity lead! Great ambassadors for Taekwondo and life! If you have any member stories to share please get in touch!



British Taekwondo Cover Phoenix Didcot Council 2024/2025 Sporting Award Success



MEMBER NEWS

PHOENIX TAEKWONDO WINS SPORTING ACHIEVEMENT AWARD AT 24/25 DIDCOT AWARDS

[VISIT OUR WEBSITE TO READ MORE](#)



Our recent Didcot Council 2024/2025 Sporting Award story was picked up by British Taekwondo - the UK National Governing Body. Read the full story at:

www.britishtaekwondo.org.uk/member-news-phoenix-taekwondo-success-recognised-with-local-award-win/

Phoenix Athletes at the GB Squad Poomsae Training



Last month saw a double bill of training for the Great Britain National Poomsae Squad (Taekwondo Patterns) southern region. The first on April 6th in Hayes, London and the second, a super early start to make it over to Sidcup in south east London in time for a 8:30am start for 5 hours of intense training. Phoenix Taekwondo had three of our national squad members, Jon, Annabel and Thea taking part, along with Phoenix instructor, Chris, also a GB national coach. The sessions are split into open and squad training so if you have an interest let us know! Next up is June 8th in Horesham, Sussex.

This Month's Little Dragons Tae-Yong Award Winners!



Congratulations to this month's Tae-Yong award winners Alex, Vagmi and Gwen! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?



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