

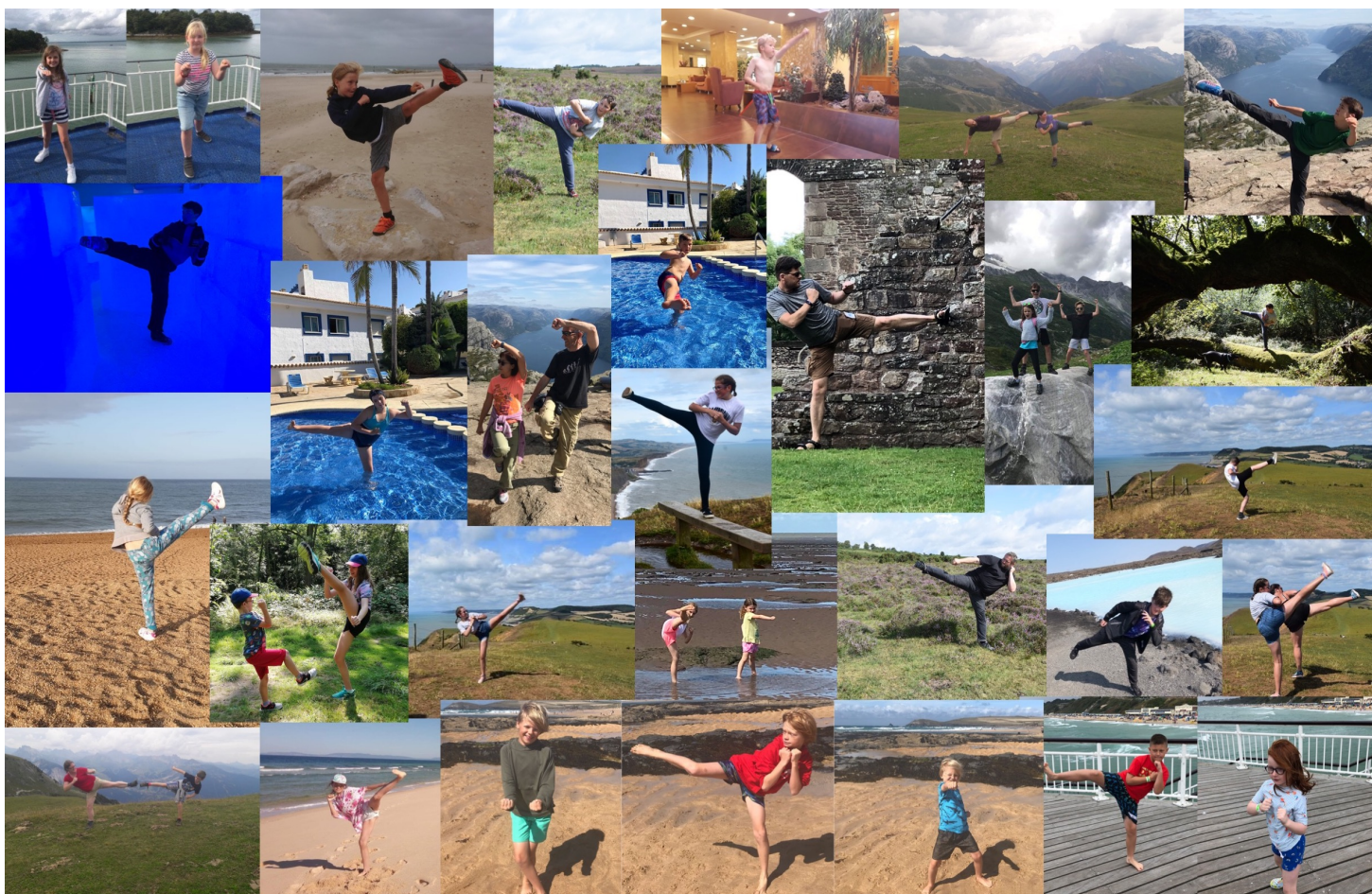


Inspiring a Generation

Phoenix Taekwondo

A SPECTACULAR SUMMER OF TAEKWONDO!

We hope that everyone has had a relaxing Summer break and you are all now ready to kick off again with Taekwondo! Thanks to all of our students who sent us their Taekwondo holiday action shots during their summer holidays! It seemed that Phoenix Taekwondo were scattered but still kicking all across Europe from the UK to the Alps, from Greece to Scandinavia, on the beaches, in the forests, lakes and mountains!



Phoenix Summer Demo Video on YouTube



You can catch the Phoenix Summer Demo on our YouTube Channel at: <https://youtu.be/WFOumDV0pJg>

++ Important Dates

Sept 1st Sun: All Taekwondo classes start back!

Sept 8th Sun 3pm: Black Stripe / Black Belt training

Sept 15th Sun: Grandmaster Neil Guest Seminar

Oct 6th (provisional): National Dan Grading

Oct 20th : Poomsae Seminar with Grandmaster Shin

Nov (17th TBD): Phoenix Taekwondo Club Grading

Nov 30th – Dec 1st National Poomsae Championships

Save the date Sun Sept 15th: 8th Dan Black Belt Grandmaster Neil Guest visits Phoenix for Black Belt examination seminar



We are delighted to announce that 8th Dan Grand Master Neil Guest will be visiting Phoenix on Sunday 15th Sept, to hold two seminars on how to prepare for the National Black Belt Examination, covering all aspects of the Dan Grading syllabus. Neil

Guest is the direct liaison for British Taekwondo with the World TKD HQ, the Kukkiwon in Korea and is always on the Dan Grading examination panel. He is probably in the top 3 most well-known Taekwondo figures in the country. The 2 seminars will take place between 12:00 and 16:00 with the actual time for EACH seminar to be announced soon. The cost will probably be around £10. **The first seminar is open to both Black-Stripes and Red Belts.** If you are aiming to do the National Black Belt Grading on October 6th - this seminar is almost mandatory because he will be able to assess and offer advice on the day for you. **The second seminar is open to Black Belts only.** Please contact us for details.

Save the date Sun Oct 20th: 9th Dan Black Belt Grandmaster Tong Wan Shin to visit Phoenix Taekwondo for Poomsae seminar



We are extremely lucky to have 9th Dan Grand Master Tong Wan Shin visit us on Sunday 20th Oct (rescheduled from originally advertised date), to hold an afternoon of Poomsae seminars. Grand Master Shin is the National

Poomsae Director and chief referee for British Taekwondo and is the leading authority on Taekwondo Poomsae in the country. Currently we plan to have seminars between 1:30 – 5:00pm. The cost will probably be around £10. We strongly recommend these seminars to all of our Poomsae Squad members, but the sessions will be open to all **members Green Belt and above**. It is expected that there will be separate seminars for coloured belts, Red Belt + Black Stripe, and Black Belts. The exact times for each seminar will be announced shortly. Please contact us if you have any questions regarding the Poomsae seminar.

PHOENIX STUDENTS CELEBRATE EXAM SUCCESS!

Well done to all the Phoenix Students celebrating their successful GCSE and A-Level examination this month.

In particular we would like to send our congratulations to Phoenix students Freya, Eirlys and Ellen on achieving a horde of A*/A grades in their A-Levels getting into their chosen universities of Cambridge and Birmingham! This spectacular achievement just goes to show that with dedication and commitment you CAN balance academic excellence with high performance sports! A fantastic inspiration to us all! Good luck at University!



++ This Months Little Dragons Tae-Yong Winners!

Well done to Amelie, Josh and Harry for taking Tae-Yong home this month!! Who will it be next month?

