



PHOENIX

looking back over a
month of Taekwondo

TAEKWONDO

Inspiring a Generation



6672 classes and counting Phoenix Taekwondo at 28 Years



Phoenix Student selected for GB Taekwondo Performance Squad

Congratulations to Phoenix Poomsae athlete Thea, on being invited to join the GB Poomsae Squad, reflecting her hard work over the past year and bringing the total number of Phoenix athletes on the GB elite and regional squads to five. Another proud moment for the club!



This year August 8th we celebrated 28 years of Phoenix Taekwondo. From 1996 and humble beginnings in London, through to classes in Tokyo Japan, to where we are now, with the largest single martial arts school in Oxfordshire and one of the largest in the country, with over 200 students!

PHOENIX TAEKWONDO @ 28 YEARS		
1990's	2 days x 2 classes per week?	LONDON
2012 ->	Little Dragons	TOKYO
2013 ->	Phoenix Adults in Didcot	DIDCOT
<div>6672 CLASSES DELIVERED</div>		
JUNIOR	Beginner + Advanced	Class Days Sunday Focus Classes Black Belt Academy
		Wednesday + Friday + Sunday



1996



2013



2021

We did a very quick, rough and ready calculation of the number of Phoenix Taekwondo classes taught over the years - we came up with a lower limit of 6672 up to August 2024 - that's a lot of classes, a lot of wonderful people and experiences and a lot of lives reached and influenced. It has been fantastic to have coached so many students of all ages, many for more than a decade, from primary school through to adulthood, including entire Taekwondo families completing their journeys to Black Belt and beyond! Here's to many more years of enjoying learning and practising Taekwondo together as part of the enormous and growing Phoenix Taekwondo family!

EVENTS
SEPT

UPCOMING EVENTS IMPORTANT DATES

- Sept 4th Weds: Classes return after Summer
- Sept 8th Sun: Phoenix Poomsae Squad
- Sept 15th Sun: Dan Grading Black Belt Seminar
- Sept 22nd Sun: Bluewave Poomsae Competition
- Oct 20th Sun: Aquila Poomsae Competition
- Nov 2nd Sat: National Poomsae Championships
- Nov 3rd Sun: National Poomsae Championships
- Nov 24th Sun: National Black Belt Examination

Saying Goodbye for now



It is always sad to say 'Goodbye' especially to our younger students who have grown up with us. This month we are so sad to say "au revoir" to the amazing Claire and Jean who joined us in 2018 and have been such central and valuable contributors to the Phoenix Taekwondo family. We will see them again but for now wishing them all the best in their new lives in Milan, Italy. We send them on their way with a pair of personalised glass membership awards to keep us in their memories.

Attending the National Referee Workshop

Last month, Phoenix National Performance Referees, Chris and Jon attended the two day weekend British Taekwondo Poomsae Referee Workshop and Freestyle / Para-Taekwondo Course, hosted at Bluewave Taekwondo and delivered by international referee, Grandmaster Glen Culbert. The two full days included 5 hours of physical training covering 13 different Taekwondo patterns, followed by completion of both the Freestyle and Para Taekwondo study modules, covering the very latest rules including scoring tests and written exams. We will be feeding everything back to our classes! A big thank you to Grandmaster Glen for expert tuition and Master Gerry for hosting a superbly organised event!



Phoenix UK Networking

Phoenix Taekwondo Black Belt and GB Performance Squad athlete, Jon likes to mix his Taekwondo with travel. Having already taken in extra-curricular Taekwondo clubs in Scotland and Madrid in the past, last month Jon spent some time making new friends at Quest Taekwondo in Hull.

British Taekwondo Publicity

If you follow the national governing body, British Taekwondo on social media, you may have seen a familiar face recently as Phoenix GB national squad member, James, featured as the poster boy for their advertising campaign for new Taekwondo clubs across the country!!

British Taekwondo
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Our Development Team are working hard to support the growth of Taekwondo across the country 🇬🇧

If you are in need of any support as a current or new British Taekwondo club/ member, feel free to reach out to our team who will be happy to assist you!
Email - development@britishtaekwondo.org ... See more

BRITISH TAEKWONDO

Have you thought about starting your own club?

Or interested in running a HUB or Satellite club to support your current club?

If you hold a 1st Dan or above and are interested in leading your own sessions, please contact us for support in getting set up.

development@britishtaekwondo.org

Like Comment Send Share

This Months Little Dragons Tae-Yong Award Winners!



Congratulations to this month's Tae-Yong award winners William, Ben and Sofia! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

