



Inspiring a Generation

Phoenix Taekwondo

2016 Another Fantastic Year for Phoenix Taekwondo

It's been another fantastic year for Phoenix Taekwondo! This year marks 30 years of your instructors in Taekwondo (that's a mighty long time), 20 years since Phoenix Taekwondo originally kicked off with clubs in London and Tokyo before settling in Oxfordshire - and 5 years of your very own Didcot club!

This year, it's been great to see our numbers grow (again), including our new Wednesday night class at Ladygrove Park Primary School, finding its feet. We have had fantastic Grading performances from our Little Dragons, as they make their own beginnings in Taekwondo, before graduating to the Junior classes. We also saw record numbers of students enter the Junior/Senior club grading examinations throughout the year, performing under the gaze of external examiners for their new belts.

We have seen some spectacular demonstrations in new venues with Long Wittenham in Spring, followed by Taekwondo introductory tasters at Beavers, Brownies, Cubs and Scout groups (phew!). The Spring, saw Owen, another Phoenix Junior attain his Black Belt at the national British Taekwondo examination followed by our first Black Belts in the Senior class (Dale, Dave and Kath) in November! On the world stage, Team GB enjoyed a fantastic result at the Rio Olympics for Taekwondo with a Gold, Silver and a Bronze!

October saw the first Phoenix Taekwondo Poomsae tournament with over 60 students entering in individual, team, pair and even parent+child categories. We even had Santa visit the Little Dragons for Christmas!

Looking forward to another fantastic year in 2017!

++ Important Dates

Wednesday 4th January: Taekwondo Weds class starts back

Friday 6th January: Taekwondo Friday class starts back

Sunday 8th January: Taekwondo Sunday class starts back

Friday 24th February: TKD Show Final Rehearsal

Saturday 25th February: TKD Show Dress Rehearsal

Saturday 25th February: "The Journey" Amey Theatre



Santa visits the Little Dragons at Christmas!

Obviously all our Little Dragons made Santa's Nice List in Taekwondo last year! Because we had a surprise visit from a TKD Claus in the last Dragons class before Christmas!



Santa even helped us out with the mittwork, letting the Little Dragons enjoy a seasonal kick together!



Finally, Santa handed out some sweets from his Christmas sack to everyone and even selected which Dragon would take Tae-Yong home for the Christmas holidays (well done Jenifer). A BIG thanks to our mysterious Father Chris-mas ;-)

Phoenix meets Il-Shim Taekwondo



Phoenix instructor Chris presided over the Grading Examination for our friends at London based Il-Shim Taekwondo run by former Phoenix TKD student Kiraleigh Duhan in December. It was an impressive high quality grading from all!



Little Dragon Amelia managed not **one** but **two** dragons in the same week! After taking home our own Tae-Yong at the very end of November, she was also awarded the school dragon to look after as well. We are sure the pair of Dragons got on very well together!

Friday 16th December 2011



Friday 16th December 2016



A Phoenix Taekwondo Time Lapse Photo was chanced upon on the exact date that our six very first original Phoenix Taekwondo members received their first belts at Phoenix Taekwondo. The two pictures taken exactly 5 years apart to the day, not only reflects these guy's commitment and dedication but also shows that the journey from White Belt to Black Belt is achievable for all! *You just need that commitment and dedication we were talking about* ☺

Taekwondo The Journey Saturday 25th Feb 2017

From the new year we will be working hard towards our BIG stage show "The Journey" to be performed at the Amey Theatre Abingdon. Seats are disappearing fast, so if you have not got your tickets yet, grab them while you still can at: <http://bit.ly/tkdjourneyboxoffice> Tickets are only £5 with all proceeds going to the local Oxfordshire charity ROSY



++ This Months Little Dragons Tae-Yong Winners!

Well done to Lewis, Alice and Jenifer for taking Tae-Yong home this month!! Who will it be next month?

