### PHOENIX NEWSLETTER: DECEMBER 2018

Looking back over a month of Taekwondo

**Inspiring a Generation** 

# Phoenix Taekwondo

Phoenix Taekwondo celebrates the holiday season in typical style.



What a year for Phoenix Taekwondo with many highlights to look back on, including the creation of the Phoenix Black Belt Academy, our elite training class specifically for the growing number of Phoenix Black Belts – currently at 25 – within the class. We saw fantastic grading success at both the club level and the national level where we managed to maintain our 100% pass rate at the National Dan Examinations in Nottingham, in April and September, including our instructor Russell, grading to 4<sup>th</sup> Dan Black Belt Level! During the Summer, our super demonstration teams took centre stage at the Cornerstone Arts Centre, Ladygrove Summer Fete and the Culham Village Festival provide exciting and vibrant displays of all aspects of Taekwondo for all ages. In October we hosted our first inter-club Poomsae (Pattern)



tournament with London based II-Shim Taekwondo, before rounding up the year with successful club and Little Dragon's gradings. It's impossible to reflect

all the amazing events over the past year but we have put together a little music video of memories. If you missed it, you can find it at: http://bit.ly/2018PhoenixTKD enjoy!!

#### a fantastic opportunity for new adult beginner



Phoenix Taekwondo is recruiting new beginner members for our adult class! If you are a parent, older sibling (15+) or just a friend and would like to have a try at Taekwondo we are offering FREE training until Easter\* - try finding a gym to compete with that! As an added

incentive to current members (inc. juniors), if you bring an adult along, after their membership, you can receive your choice of a free hoodie, T-shirt or Body Armour!

\*excludes membership/insurance cos

## ++ Important Dates

Sunday 6th Jan: 2019 Sun TKD starts back

Wednesday 9<sup>th</sup> Jan: 2019 Weds TKD starts back

Friday 11th Jan: 2019 Fri TKD starts back



## **Taekwondo Superhero** Cards Assembled in 2018



Our Taekwondo Superhero trading card campaign for our Little Dragons ran from the Summer, until Christmas, with a new unique trading card released every time our Superhero kicking bags made an appearance at the class! Did you manage to collect them all? (if you missed any we have a very limited number left)





## **World Certified Black Belts**







2018 proved an extremely successful year for Phoenix Taekwondo in the National Dan (Black Belt) Examinations. At the September grading we entered a whopping 10 students achieving a 100% pass rate. This group also included our first students to train all the way from Little Dragons to Black Belt! This month all our students received their world recognized Black Belt Certification directly from the world headquarters of Taekwondo -The Kukkiwon - in South Korea. As well as their official certificates, all students also received their own personal World Taekwondo membership cards.

#### IT'S BEHIND YOU! Phoenix Students star in Theatre

If you happened to see the Christmas Pantomime at the Oxford Playhouse Theatre or Cornerstone Centre you were probably watching some talented *Taekwondo actors* on stage! Phoenix students Sam & James play in Oxford in Dick Whittington; and Natasha & Tegan in Didcot's Pied Piper. There may be tickets left!



TO BLACK BELT



## ++ This Months Little **Dragons Tae-Yong**

Well done to Kyle, Eleanor and Lucy for taking Tae-Yong home this month!! Who will it be next















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