



Inspiring a Generation

Phoenix Taekwondo

BIG GRADING SUCCESS ALL AROUND!!

After many false starts and dashed expectations, we were ecstatic to fit in both our Little Dragons Belt Grading and the full club Grading Examination in before the end of the year! Given the strict requirements on class sizes and social distancing, it proved a great challenge to get almost 80 students through their grading examinations but we managed to achieve it! The Little Dragons Belt Grading had to be held over 2 separate classes while the club examination took most of a Sunday afternoon. However, despite all the obstacles, the performance across all the gradings was phenomenal! The Little Dragons exhibited not only great Taekwondo but also excellent discipline. The club grading itself was extremely high standard. As usual, we singled out a small number of individuals with exceptional scores, great performances or significant improvement for our grading merit awards. Congratulations to Little Dragons; Alex, Isaac, Evie and Harrison: and to our Juniors; Sammie, Jamie, Connor, Molly, Lucas, Harry and Asal.

Unfortunately spectators were not allowed to view the Grading Presentations in person, however, all presentations were beamed live from the Phoenix Facebook page and are also still available on our YouTube channel at:

<http://bit.ly/2020GradingPresentation>



UPDATE for Taekwondo 2021

2021
JAN

With the announcement of our local area moving into Tier 4, more restrictions likely and the continued unwillingness of venues to open, it is unfortunately clear and obvious that face-to-face Taekwondo classes will not be permitted, most likely throughout January at least. Therefore, Phoenix Taekwondo classes will have to kick off 2021 with online classes again. Watch out for an E-mail and announcement in the next few days about class schedules for the near future.



++ Important Dates

Jan 3rd Sun: GB National Poomsae Squad Selection

Jan (TBD): Classes start back 2021

Jan 24th Sun: Freestyle Poomsae Referee Course

THIS IS THE WAY (we do Taekwondo): A look back at Taekwondo over 2020

2020 A YEAR IN PHOENIX TAEKWONDO

For members who follow the Phoenix Facebook page, you have probably seen our 2020 concept art themed yearbook, looking back over the varied and challenging year that was 2020. If you missed it, you can catch the video while it's there on the Phoenix YouTube Channel at:

<https://youtu.be/ppSK7En7hiA>

Phoenix Poomsae Athletes Try-Out for the GB National Squad!

**BRITISH TAEKWONDO
NATIONAL
SQUAD SELECTIONS
2021**

PHASE 1 - 20/12/2020
Zoom
Talent Identification session

PHASE 2 - 03/01/2021
Zoom
Final selection event

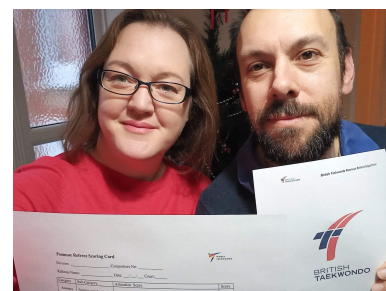
REGISTER YOUR INTEREST [HERE](#)
INFO: OPERATIONS.POOMSAE@BRITISHTAEKWONDO.CO.UK

Well done to Phoenix Poomsae Squad athletes, Jon and James, who joined over 160 other hopeful athletes from across the UK for the GB National Poomsae Squad (online) selection session on December 20th. The gruelling hour long session saw athletes run through the whole range of Taekwondo Poomsae from Taeguk Sajang (Pattern 4) up through to the 4th Dan Black Belt Patterns. Special congratulations to James who we now know has made it through to the next stage of the selection process!

Phoenix National Poomsae Referees



Sunday 6th December saw a long but very productive day for Phoenix Taekwondo Referees Dave, Jo, Eunmi and Chris joining the National Poomsae Referee online course. From 10am until 2pm going through the national rules, including countless practice video scoring examples. Finishing up with a post-course examination and video-scoring examination. A long day but 4 qualified national level poomsae referees for the club



World Taekwondo Certification received for our highest level students. Following their national examinations last November 2019, we finally received the official KUKKIWON certification from South Korea for our very highest graded students! Congratulations to Matthew, Stephen, Sam, James and Owen on their 3rd Dan Black Belt Kukkiwon Certificates and World Taekwondo ID cards!



++ This Months Little Dragons Tae-Yong Award Winners!

Congratulations for this months digital Tae-Yong award certificates. Well done to Nico and William for their first certificates and to Max for a double trophy award! The digital Tae-Yong Certificates will continue into the new year. We hope that at some point during 2021 Tae-Yong will himself make his reappearance at the Little Dragons classes! Try your best, show us your fantastic Taekwondo, confidence and energy! Who will it be next month?

