



PHOENIX TAEKWONDO



looking back over a
month of Taekwondo

Inspiring a Generation

ELEMENTS: The Phoenix Taekwondo Charity Stage Show: Sat 14th May 2022



Preparations are now well underway for our big club-wide Taekwondo Charity Stage Show: ELEMENTS, to be performed at the Amey Theatre, Abingdon on Saturday 14th May. We want every single student across all classes to take part in this exciting and unique event. We are very busy with our rehearsals both in our regular classes and also in dedicated practice sessions outside normal class times for some of the more complicated scenes. It is really great to see the commitment and dedication as we get closer to the big night! We would like to emphasise that it is really important to keep your attendance high as we want to make this special night a big and spectacular success!



EVENTS
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UPCOMING EVENTS IMPORTANT DATES

Mar 14th Mon: Elements Box Office Opens

Mar 20th Sun: Elements Poomsae Dance

Mar 27th Sun: Elements Demon Team Rehearsal

May 14th Sat: Phoenix ELEMENTS Stage Show

April 3rd Sun: Phoenix Club Grading

Sun 29th May: National Dan Grading Seminar

Jun 18th Sat: Summer Fete Demonstration

Jun 19th Sat: National Dan Grading

PHOENIX PROFILE

Charlotte's Story from Beginner to Black Belt



"I like the idea that anyone can do Taekwondo and work through the belts at their own speed. I also like it when I surprise people when they hear that I am a black belt at Taekwondo as it's not something they think I would do". Charlotte started Taekwondo when she was 7 years old. After recently giving up an after school club, she was looking for something different to do. "My mum suggested dance classes or gymnastics but they didn't appeal. I wanted something different from that. We saw an advert for Phoenix Taekwondo and it looked interesting".

Charlotte obtained her Black Belt at the National Examinations in late 2021. She loves Taekwondo because it is fun and you get to know other people outside of your school. She enjoys learning new moves and Patterns and getting everything exactly right. Her favourite kick is a step-up jumping front kick!



This Month's Little Dragons Tae-Yong Award Winners!



Congratulations to this month's Tae-Yong award winners, Edward, James, Joseph and Oliver! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?



ELEMENTS Show Box Office Opens Monday 14th March



We are excited to announce that the Box Office for tickets for our club-wide ELEMENTS stage show will open on Monday 14th March. Tickets will be £10 for adults and £5 for the under 12's. Obviously tickets are not required for all our students, since they will be participating in the show. Seating is on a first come, first serve basis so don't delay. ALL proceeds will go to support the local Oxfordshire charity, Be Free Young Carers (supporting the lives and well-being of young carers in Oxfordshire), so please encourage family members and friends to come along. The Box Office will initially be password protected. All members will be given the password to allow them to book tickets before the Box Office opens to the public at the end of the month. The box office link is below: www.abingdon.org.uk/sports-and-leisure/performance/phoenix-taekwondo-school-presents-taekwondo-elements/

Phoenix Donates Taekwondo Doboks to Sri Lanka Charity Trip

Phoenix Taekwondo are supporting our friends at Il-Shim Taekwondo in London, as their instructor and former Phoenix student Kiraleigh will be travelling to Sri Lanka at the end of March to bring Taekwondo to deprived communities. Kiraleigh will be providing doboks (Taekwondo uniforms) for the communities she will visit on her trip and Phoenix



Taekwondo members have stepped up to gladly donate old and used doboks to this worthy cause! It will be great to pass these uniforms on to needy communities and to see the Phoenix club name on the far side of the world!