



# PHOENIX TAEKWONDO



looking back over a  
month of Taekwondo

Inspiring a Generation

## Phoenix Rises to the Sport Test Match Day Challenge



In February, Phoenix Taekwondo teamed up with three other local clubs for a Sport Taekwondo development day and sparring test match, hosted by Bluewave Taekwondo. This was the first of a new schedule of sport test match days designed to develop the sport side of the clubs that took part. Participants learned from club instructors and seasoned fighters, working through footwork and pad kicking drills, before putting on the body armour and competing against

fighters from different clubs using the electronic armour, headgear and scoring system. Well done to the Phoenix Team of fighters Trevor, Seth, Sammie, Amelia, Advita, Abi and Josh. The next inter-club Sport development day will be on Saturday 31st May, again hosted at Bluewave Taekwondo.



### UPCOMING EVENTS IMPORTANT DATES

- Apr 6th Sun: GB South Poomsae Training
- Apr 27th Sun: GB South Poomsae Training
- May 9th Fri: Little Dragons Belt Grading
- May 11th Sun: Club Grading (Junior/adults)
- May 18th Sun: Phoenix Poomsae Referees Course
- May 31st Sat: Bluewave Sport Test Match Day
- June 21st Sat: Wales Poomsae International
- July 5th Sat: Summer Demonstration Event
- Sept 21st Sun: Bluewave Poomsae Championships
- Sept 28th Sun: Black Belt Grading Seminar
- Oct 18th Sat: Aquila Poomsae Championships
- Nov 23rd Sun: National Black Belt Grading

### Phoenix Taekwondo Makes the Shortlist For the 2025 Didcot Town Council Awards

#### Didcot Town Council AWARDS SHORTLIST



Fantastic news that our Phoenix Taekwondo club at Willowbrook Leisure Centre has been shortlisted for the 2025 Didcot Town Council Sport Award for all the hard work put in and success that our students have achieved over the past year. Fingers Crossed!



# Phoenix Referees at London Poomsae Championships



Phoenix Poomsae Performance competition referees Jon, Chris and Eunmi volunteered their expertise and services at the 'Alis Dojang' London Poomsae Championships in London Docklands in February. This was a really hard days work with one of each of our Phoenix referees on each of the 3 competition courts refereeing a total of almost 300 Taekwondo Poomsae (Patterns) throughout the day between them.

## Phoenix Athletes at Team GB Regional Squad Training



Phoenix GB Squad athletes Jon, Annabel and Thea joined the GB southern regional training in February, receiving input from the GB national coaching team.

## Little Dragons Graduation News



Celebrating our latest Little Dragons graduating to the Phoenix Junior classes last month. Welcoming Little Dragon Graduates Skyla, Rafiki and and Nicholas to the Wednesday Phoenix Juniors. All three students received their special Tae-Yong graduation badge to attach to their new Dobok training uniforms. Looking forward to welcoming many more Little Dragons to the Juniors throughout the year.

## Phoenix Taekwondo invited to host British Taekwondo Competition Referee's Course



Date: 18<sup>th</sup> May 2025



All classes Poomsae  
Referee Course

Didcot, Oxon

Phoenix Taekwondo have been invited by the UK national governing body, British Taekwondo, to host a competition referee's course on May 18th. This course will be delivered by one of the British Taekwondo Referee department's chief referees and is open to any Black Belt student age 18+ from any club all over the country. The course will cater for beginner (Class 3) through to advanced (Class 1) referees. Please sign up ASAP if interested as spaces are extremely limited and filling up fast

## This Months Little Dragons Tae-Yong Award Winners!



Congratulations to this month's Tae-Yong award winners Abtin, Sofia, Ben and Henryk. All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?



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