



Phoenix Taekwondo

Summer Demonstration Spectacle!



Phoenix Taekwondo was once again invited to perform in the central arena at the Ladygrove Park Primary School Summer Fete: Phoenix Taekwondo occupied the 3p.m. prime spot fielding around 100 members. Apart from the obvious enormous logistical challenge of organising so many performers, this demonstration followed hot on the heels of our big club grading examination only a couple of weeks before, giving everyone only a few classes to prepare for the demonstration. Congratulations to all our members who helped make this demo such a resounding success!



++ Important Dates

Sun 13th August: Final Sunday Class before Summer Break

Weds 16th August: Final Weds Class before Summer Break

Fri 18th August: Final Friday Class before Summer Break

Weekend 7th -8th October: National Black Belt Grading

Team GB medal success at the Taekwondo World Championships 2017, Muju, South Korea



The 23rd World Taekwondo Championships, and was held in Muju, South Korea from June 24 to June 30, 2017 and Team GB was fielding a strong team of athletes. Building on the current buzz and success of Taekwondo in the U.K. following the Olympic Games, Team GB managed an amazing haul of medals. Bianca Walkden managed a Gold Medal, retaining her world title in the women's heavyweight division. Team GB's Mahama Cho bagged a Silver and there were bronze medals for the other Team GB members Jade Jones, Damon Sansum and Bradley Sinden. It's always great to see the world class Taekwondo athletes in action and possibly pick up some tips and techniques for your own Taekwondo. It's worth pointing out that many of the matches from the World Championships can still be found on the internet.

++ This Months Little Dragons Tae-Yong Winners!

Well done to Lewis, Connor, Jacob, Jacob and Teagan for taking Tae-Yong home this month!! Who will it be next month?



A BIG welcome from Phoenix TKD to all our new Little Dragon starters!



Many of you may have noticed the large intake of new Dragons recently! A big welcome to all our new starters – you are all doing great – please keep up the fantastic Taekwondo we are seeing from you all!



The Ladygrove Magazine

A Free Independent Community Publication

Ladygrove Park School

On Saturday 10th June, the PALS hosted a wildwest themed summer fete to raise money for Ladygrove Park Primary School. There were lots of different stalls and at many of them you could win prizes. Some of the stalls included: our famous slippery pole; the popular bungee run; the lucky tip; the bouncy castle and slide; the popular kick-speed test; the plate smashing; we also had a BBQ; face painting; a candyfloss stall and much more. We also had a visit from a team of firemen and their fire truck – which you could explore. There were some great performances throughout the day from Phoenix Taekwondo!

From the fete, PALS raised a whopping £4000 in total. A big thank you to all those who helped!

More local publicity for Phoenix Taekwondo!

Spot us on page 13 of the Ladygrove magazine again this month on the report from the Ladygrove Park Primary School Summer Fete!

Tae-Yong spotted at the Ladygrove Park Summer Fete: Our very own Little Dragon Tae-Yong was spotted enjoying the Summer Fete with Connor. Taking a well-earned rest after the demo to explore the fire engine!

