



Inspiring a Generation

Phoenix Taekwondo

Phoenix Summer Demonstration 2019

Putting on *The Greatest Show!*

Sunday 29th June saw *the impossible come true* as Phoenix Taekwondo produced an army of 100 Taekwondo performers to put on a spectacular demonstration in scorching heat at the 2019 Ladygrove Park Summer Fair. Every member of our demonstration team put in a tremendous amount of practice

leading up to this event, to make it the success that it was. Feedback and reviews from spectators and the school both commented on the amazing Taekwondo but also on the impeccable discipline and behaviour, especially from our younger members in the sweltering heat of the day. The demonstration showcased all aspects of Taekwondo including basic techniques, wood destruction, Taekwon-Dance and Self Defence all choreographed to a backing soundtrack! Well done all!



++ Important Dates

July 7th Sun: Phoenix Taekwondo Club Grading

July 7th Sun: Derby Kinder Scouts Poomsae Championship

July 12th Fri: Grading Presentation 7:10pm

July 14th Sun: Club Black Belt Grading Workshop

August 16th Fri: Last class before Summer break

Sept 1st Sun: All Taekwondo classes start back!

Sept 15th Sun: Grandmaster Neil Guest Seminar (TBC)

Oct 6th (provisional): National Dan Grading Examination

Nov 30th – Dec 1st National Poomsae Championships

November (TBD): Phoenix Taekwondo Club Grading

Recent Award Badges Earned at Phoenix Taekwondo



To reward the tremendous effort and practice that the Phoenix Poomsae squad put in, working towards the Bluewave Poomsae championships held on the 1st June, Phoenix Taekwondo commissioned a unique, special squad team badge to identify the squad members. Looking forward to expanding our Poomsae squad at future Poomsae competitions throughout the year!



All of our students who participated in the Phoenix Taekwondo Summer Demonstration at Ladygrove Park School on Saturday 29th June can get their hands on one of our "Demo Team" badges. These badges are sewn on the left shoulder of your Dobok uniform or T-shirt. It doesn't matter if you have one (or more) already from previous demonstrations, you can just add them to your sleeve or maybe put it on your Phoenix T-shirt / tracksuit or Hoodie! Congratulations everyone on an incredible show!



You probably saw our Taekwon-Dance team at the Summer demo, performing their synchronised, choreography mixed in with Taekwondo Poomsae. Our Taekwon-Dance team members received their team badge, reflecting the sheer amount of work they had to put in with rehearsals 2-3 times a week outside normal class hours. Congratulations to Drew, Owen, Oliver, James, Jean, Natasha, Claire, Jeni, Madison, Christian, Emily and Ruby!

TAEKWONDO
GRADING
EXAMINATION
THURSDAY
20TH JUNE
12:30 ~ 1:30PM

Phoenix instructors have been providing their expertise as grading examiners at two other Taekwondo gradings held at other clubs over the past month. June saw us as examiners at back-to-back gradings on Thursday the 20th and Friday 21st June at Rye St Antony School in Oxford and Chandlings School in Abingdon. We are looking forward to even more association with these new clubs in the future, building our Taekwondo family!

Grandmaster Neil Guest 8th Dan Black belt visit: Save the Date! We have been working hard to



invite the National Dan Grading Chief Examiner, 8th Dan Grandmaster Neil Guest to visit us at Phoenix. Currently we are looking at Sunday 15th of September, around 3 weeks before the

next National Black Belt Grading. This will be an unmissable opportunity for anyone intending to attempt their Black-Belt this year or early next year. More details as they become available!

Our newly qualified national Poomsae referees received their official



referee certification from the British Taekwondo National Referee Director, 9th Dan Black Belt, Grand Master Shin at the recent Bluewave Poomsae championship. Congratulations

to referees Matthew, Russell, Kath, Dale, Dave, Mike, Chris, Eunmi and Jo.

++ This Months Little Dragons Tae-Yong Winners!

Well done to Baxter, Jasmine, Sammie and Jamie, for taking Tae-Yong home this month!! Who will it be next month?

