



looking back over a month of Taekwondo

TAEKWONDO

Inspiring a Generation

Looking Back on a Summer of Exhibitions



Last month saw a return for Phoenix Taekwondo to the Taekwondo exhibition / demo circuit. It felt great to bring our Taekwondo to the general public again, after an absence of 3 years due to the pandemic and Lockdown. After the success of our Elements Stage Show, with the Mayor in attendance, Phoenix were invited to perform at Didcot Council's Platinum Jubilee celebration event at the Civic Hall (we took a small focussed squad). Following on from this, we were again invited to perform our regular big exhibition at the Ladygrove Park Primary School Summer Fair (in preference to other martial arts clubs :-). It was touch and go on the day with the weather but we got lucky, bringing a full class of more than 80 students! What a spectacular exhibition of everyone's Taekwondo!



UPCOMING EVENTS IMPORTANT DATES

- July 10th Sun: Wales Poomsae Championships
- July 10th Sun: Phoenix Club Grading
- July 17th Sun: Black Belt Grading Prep Session
- July 23rd Sat: Summer Fun Seminar
- July 24th Sun: Poomsae Squad Training
- July 31st Sun: Focus Session TBD
- Aug 19th Fri: Final class before Summer break
- Sept 2nd Fri: Classes start back after Summer
- Sept 18th Sun: Bluewave Poomsae Championship
- October: National Level Dan Examinations
- Nov 12-13: National Poomsae Championships

WOW! Little Dragons Belt Grading



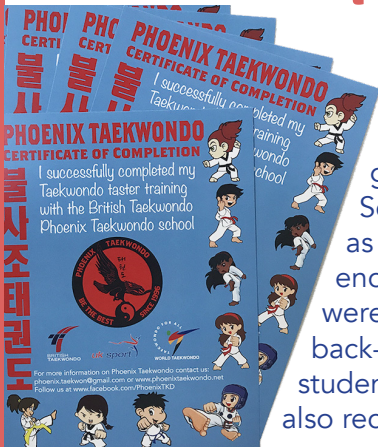
The Phoenix Little Dragons Belt Grading was held on Friday 24th June. With 25 Dragons grading on the day, we covered all the Taekwondo basic techniques for their next belt. It was fantastic to see the confidence as our Dragons showed off their Taekwondo in small groups in front of the whole class and all the spectators! As usual, we selected a small number of students for special Merit Awards and congratulations this time go out to James, Leon and Noah for their excellent performances.

Phoenix - Creative Ways Summer Fun Seminar



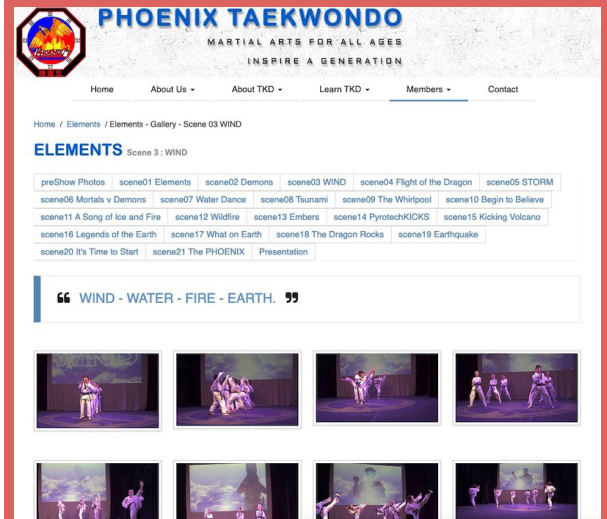
There is still time to **sign up** for our fantastic Summer networking event on Saturday 23rd July, together with Creative Ways Taekwondo in Milton-Keynes, for our joint summer event! Our Summer fun seminar will cover loads of Taekwondo including a new electronic scoring activity. All Junior/Adult grades welcome. Cost is £15 and includes a lunch. Venue is Milton Keynes (about an hour away): 10am-4pm.

Phoenix supporting School's Get Active week



In the week of 27th - 30th June, Phoenix instructors volunteered their services to go into the local Ladygrove Park Primary School to deliver Taekwondo taster sessions as part of the school's GET ACTIVE week, encouraging children to exercise. Phoenix were there Monday and Thursday delivering back-to-back Taekwondo sessions to 360 students from Years 1 through to 6. Everyone also received a special Completion Certificate.

ELEMENTS show photos now available online



Photos from the Elements Stage Show are now available on the Phoenix Taekwondo website at: www.phoenixtaekwondo.net/elements.html scroll down the page to select the photos scene by scene. The video is coming soon and we shall be sending out details presently.



Phoenix at University College London

Congratulations to Phoenix Black Belt Vasco, currently studying at University College London for being selected as the Best Male Poomsae Competitor at the official UCL club. It is great to see our students continuing their Taekwondo journey and doing so admirably well! Moreover, Vasco has also qualified for the European University Games (EUG), which will be held in Poland this summer.

This Months Little Dragons Tae-Yong Award Winners!



Congratulations to this month's Tae-Yong award winners, Leon and James! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

