



Inspiring a Generation

Phoenix Taekwondo

March was a month filled with Taekwondo Grading examinations, with the Little Dragons belt grading on Friday 22nd, the club grading examination for Juniors and Seniors on Sunday 24th, followed by an enormous club presentation night on Friday 29th March and a trip to our friends at Il-Shim Taekwondo, London, to examine their club grading on Sunday 31st! Truly a busy month with loads of new belts being earned!



Our Little Dragons Belt Grading saw 32 of our youngest students perform for their next belts. The Belt Grading was carried out during normal class time and involved working through all the basic blocks, punches and kicks. It was great



to see the Dragons stand up line-by-line with such confidence and moreover to see the excellent effort and behaviour throughout the belt grading. The grading line up also included 5 new Little Dragons, successfully grading for their first belt. Special congratulations go out to Jamie, Isaac and Harrison for their Merit Certificates and to Sammie for scoring the highest marks in a very high scoring grading! Looking forward to seeing all these new belts on display!



++ Important Dates

April 10th Weds: No Taekwondo (Easter)

April 14th Sun: Poomsae Squad Training (3pm)

April 14th Sun: National Dan Examination (Nottingham)

April 19th Fri: No Taekwondo (Easter Good Friday)

April 21st Sun: No Taekwondo (Easter Sunday)

April 26th Fri: Dan Grading Presentation Night

May 5th Sun: Poomsae Judges Course

June 1st Sat: Bluewave Poomsae Competition

June 29th Sat: Summer Demonstration (Ladygrove School)

July 7th Sun: Phoenix Taekwondo Club Grading

Nov 17th (provisional): National Dan Grading Examination

Phoenix Spring Club Grading Scores 100% Pass Success!



For the first half of 2019, Phoenix Taekwondo will be holding 2 staggered gradings for our students in March and July. The March grading examination saw almost 50 students ranging from those taking their first belts to those making their final appearance at

the club grading for Black Stripe before moving forwards to the National Black Belt examinations. We were extremely pleased to welcome back Kiraleigh from the Il-Shim Taekwondo club as our examiner for the day. This time around, as well as the normal Poomsae, students were challenged with every single technique that was on their grading syllabus. After a gruelling day consisting of Beginner Junior, Advanced Junior and Senior gradings, we were please to discover that everyone had passed, which is a truly excellent result. Special congratulations go out to our Merit Certificate winners, Sam (for most improved) and high scorers Tegan and Sophie. Looking forward to seeing the big change of belt colour across all of our classes over the next month!



In this busy grading month Phoenix Taekwondo also managed to visit our friends at Il-Shim Taekwondo to examine their own grading. As usual we found an excellent standard over all their grades – Well Done all!



Phoenix Summer Demonstration: Sat 29th June: Save the date!

We have been once again invited to participate in the Ladygrove Park Summer Fair, delivering, in the words of the organisers,

"Your extremely popular demonstration!" **Watch this space** for more information as we get closer to the date and save the 29th June in your diaries so we can ensure our usual impressive turnout.



++ This Months Little Dragons Tae-Yong Winners!

Well done to Kylen, Harry and Lucia, for taking Tae-Yong home this month!!

Who will it be next month?

