



PHOENIX TAEKWONDO







looking back over a
month of Taekwondo

Inspiring a Generation


ELEMENTS SHOW: BOX OFFICE OPEN

Reserve your seats before they're gone









AIR




WATER



FIRE



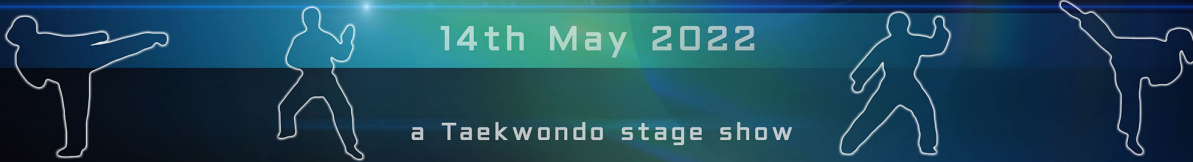
EARTH



ELEMENTS

14th May 2022

a Taekwondo stage show



It is less than 6 weeks now until Phoenix Taekwondo's big club-wide Taekwondo Charity Stage Show: **ELEMENTS**, to be performed at the Amey Theatre, Abingdon on Saturday 14th May. With all but a handful of students signed up for this amazing event, there are some exciting updates! The Box Office opened on Monday 14th March and almost immediately over 100 seats were snapped up and reserved. The Box Office opened to the public on April 1st and the remaining seats are going fast. If you have not yet reserved your seats please head over to the Amey Theatre link (below) as soon as possible to avoid disappointment. www.abingdon.org.uk/sports-and-leisure/performance/phoenix-taekwondo-school-presents-taekwondo-elements/

We now know that the Mayor of Didcot will also be attending the show as our special VIP guest, along with representatives from our supported charity 'Be Free Young Carers (BFYC)'. Invites have also gone out to leadership teams at local participating schools. We will soon be taking photos at the class of all participants for a special souvenir programme that will be available on the night. All proceeds from the show will go to the Be Free Young Carers charity with Phoenix Taekwondo covering all costs for the theatre hire and production costs, so please do spread the word! We want every single student across all classes to take part in this exciting and unique martial arts spectacle as it is your show after all and it is going to be great!

Donated Phoenix Doboks on the way to Sri Lanka



Last month we reported on the kind donations from Phoenix members of their old or used dobok uniforms for a good cause. We are happy to report that these doboks have now made it to Sri Lanka with Il-

Shim Taekwondo instructor and former Phoenix student Kiraleigh bringing Taekwondo to deprived communities. Thanks to all who donated!



UPCOMING EVENTS IMPORTANT DATES

- April 15th Fri / 17th Sun: No Taekwondo
- May 8th Sun: ELEMENTS Dress Rehearsal
- May 14th Sat: Phoenix ELEMENTS Stage Show
- May 29th Sun: National Dan Grading Seminar
- Jun 18th Sat: Summer Fete Demonstration
- Jun 19th Sun: National Dan Grading
- June 24th Fri: Little Dragons Grading
- July 10th Sun: Phoenix Club Grading

PHOENIX TAEKWONDO APRIL GRADING



Phoenix Taekwondo held the first of our two Spring / Summer Gradings on the first Sunday of April. The gradings will be split either side of the Elements Stage Show, with the second of the two planned for Sunday July 10th to allow everyone who was not quite ready this time around a little extra time to prepare. The April grading was primarily aimed at our beginner grades, especially our new starters over the past few months with around half the class taking part. All grading candidates were put through their paces on Poomsae (Taekwondo Patterns), basic hand and kicking techniques, one-for-one kick sparring, step-self-defence sparring and for our higher grades, board destruction. Our guest examiner for the day was Phoenix Poomsae Squad National Medalist Jon who joined us to ensure an independent scoring process. Good Luck to everyone on their results the following week!

Phoenix Instructors join Il-Shim Taekwondo Grading as Examiners



In March, Phoenix instructors, Chris and Eunmi travelled over to South-East London to join our friends at Il-Shim Taekwondo to act as examiners at their own club grading. It was great to see the progress of familiar faces since their last examination and also see many new faces at the club! As usual we enjoyed watching a very high standard of Taekwondo at the grading!

This Months Little Dragons Tae-Yong Award Winners!



Congratulations to this month's Tae-Yong award winners, William, Lily, Nathan and Sejal! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

