



International Black Belt Certification Award for Phoenix Students Delivered from the World Taekwondo Kukkiwon Headquarters in Korea



Last month we celebrated the first batch of our official Black Belt Kukkiwon Certificates delivered from Korea - The Kukkiwon - the Headquarters of Taekwondo in the world! Passing the national level Dan (Black Belt) Examination is not quite the end of the story for our aspiring Black Belts, as after passing the grading, all successful applications are passed on to British Taekwondo, the National Governing Body for Taekwondo in the UK. British Taekwondo will then apply directly to the Kukkiwon Headquarters out in Seoul, South Korea to process all

applications and issue the official Kukkiwon sanctioned Black Belt certification. This certification is a world recognised award, and goes far beyond a local club certificate. The process does however take some time and the certification is often received months after the original examination so we have to be patient. All Black Belts receive a large, beautiful certificate and an associated Kukkiwon ID card, with their unique certificate number. In all, we expect 33 Certificates for our latest cohort of Black Belts, delivered or soon on their way! Congratulations to all our Black Belts on their world recognised Taekwondo certification!

Phoenix Instructors Examining the Il-Shim Taekwondo Club Spring Grading



Once again Phoenix Instructor Chris travelled over to our friends at Il-Shim Taekwondo to act as a Grading Examiner at their Spring Taekwondo Grading. This was a very tough grading, especially for the very highest grades. On the day, the marking was strict and not everyone passed but everyone moved forward. Congratulations to everyone who passed on the day.



UPCOMING EVENTS IMPORTANT DATES

- Apr 7th Sun: Focus Class Black Belt Poomsae
- Apr 21st Sun: National Poomsae South Training
- May 10th Fri: Little Dragons Belt Grading
- May 12th Sun: London Poomsae Championships
- May 17th Fri: Little Dragons Presentation
- May 19th Sun: Phoenix Club Grading
- May 25-26th: London International Championships
- Sept 22nd Sun: Bluewave Poomsae Championships

Phoenix Adults End of Course Grading Examination



New for 2024 was Phoenix Taekwondo’s fantastic new starter offer for adults that included 3 full months free training classes plus a new Taekwondo Dobok uniform. The response we had was unbelievable recruiting 27 new adults, including 23 complete beginners, over a wide range of age and ability. The atmosphere in the adults class is fantastic and the progress rapid. As we neared the end of the introductory period we decided to hold an ‘end of course’ grading for our new starter cohort’s first Taekwondo Yellow Stripe Belt. The grading was held in class with 20 participants throughout the week and consisted of basic hand techniques, stances and kicking techniques plus rounds of one-for-one kick sparring in pairs. Putting everyone through their paces on the day were examiners 5th Dan Black Belt Master Russell and 3rd Dan Black Belt Jo. The grading presentation will be held on the first Friday back after the Easter weekend on the 5th April.

National Referee Course Success

Congratulations to Phoenix instructor Chris who successfully passed the National Level 2 Poomsae Referee course, scoring 100% in the final exam! The course consisted of a day long theory classroom plus written and practical examinations and a scoring test, followed by a post-course video submission of three high level selected Taekwondo patterns for performance and technical review by the examination board.



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Taekwondo Dongmeng Alliance Instructor Seminar

Taekwondo is better practiced together and an group of British Taekwondo clubs under the umbrella of Taekwondo ‘Dongmeng’ (‘Alliance’ in Korean) have been striving to bring many clubs together to harmonise the Taekwondo that we teach. Our group held an Instructor Seminar on Sunday 17th March in Nottingham, hosted by 8th Dan Grandmasters Ian Lennox and Alan Steeper, and attended by instructors from clubs across the UK including Phoenix Black Belts Russell, Chris and Trevor. The seminar focussed on the content for the Black Belt Examinations that our group organise and covered Patterns, Set-Sparring, Self Defence (grabs and knives), and finished with destruction combination techniques.



This Months Little Dragons Tae-Yong Award Winners!

Congratulations to this month’s Tae-Yong award winners Isaac, Ishadrita, Josh and Noah! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

