



Inspiring a Generation

Phoenix Taekwondo

Poomsae Championships Medal Success!

Congratulations to the Phoenix Poomsae Squad, who all competed at the Bluewave Poomsae (TKD Patterns) Championships in Basingstoke on Saturday 1st June! This was a national level event with almost 400 competitors with many experienced national GB and international players. For most of our squad, it was their



is obvious that all the squad members' Poomsae have improved dramatically over this period giving them an obvious leap forwards in their future gradings! On the day, Phoenix Taekwondo managed to win a grand total of 14 medals with individual Bronze medals for Jean, Harry and Claire. Silver medals in the pair category for Jean and Claire and Silver in the team category for Jean, Sam and Oliver. Another Silver Medal in the individuals for Jon. More Bronze medals for Jon and Claire in the adult pairs and Bronze medals for Drew, Owen and James in the Black Belt teams. Equally fantastic performances were made by all our squad members, often just missing out on a medal by one place!

Congratulations go to out to all our Poomsae team: Matthew, Jon, Claire, James, Drew, Owen, Jeni, Natasha, Madison, Jean, Claire, Alice, Oliver, Sam, Emily, Christian, Olivia, Elliot, Amy and Harry. Thanks also to all the parents and supporters who came along on the day!



++ Important Dates

June 1st Sat: Bluewave Poomsae Competition

June 9th Sun: Advanced Belt Grading Seminar

June 29th Sat: Summer Demonstration (Ladygrove School)

July 7th Sun: Phoenix Taekwondo Club Grading

Oct 6th (provisional): National Dan Grading Examination

Phoenix Black Belts graduate from Poomsae judge training to officiating as national competition Judges in less than a month!



Congratulations to Phoenix Black Belts Eunmi, Chris, Kath, Mike, Matthew, Jo and Dale (and Kiraleigh from il-Shim TKD) on successfully passing their national Poomsae refereeing course held on Sunday 5th May. The 9-5 full day course included both classroom and practical examinations under the watchful eye of British Taekwondo 9th Dan Black Belt and Referee Director Grandmaster Shin.



Eunmi, Kath, Jo, Dale and Matthew then went on to officiate as judges, court controllers and even awarding medals at the Bluewave National Poomsae Championships only one month later. Great job everyone! – these events could not be run without your efforts.



Phoenix Taekwondo Summer Exhibition

Phoenix has again been asked to support the Ladygrove Park Primary School Summer Fair. This year will be the school's 20th anniversary! We will be working on our demo routines during June. We will be circulating a sign up sheet at all of our classes and encourage as many of our members as possible to support the event. Each year Phoenix is the major crowd puller! – so we do not want to disappoint the Summer crowds on the day!



Phoenix Club Grading Sunday July 7th



The Phoenix Summer Club Grading will be held on Sunday 7th July. This grading will be open to all very early grade students who are ready, and any student who did not participate in the Spring grading. Phoenix will hold 3 gradings this year and except for early grades, we expect most students to participate in 2. Remember all the Poomsae (patterns) and every Grading Syllabus – including instructional videos – are available on the Phoenix website at:

www.phoenixtaekwondo.net/tkdpoomsae.html
www.phoenixtaekwondo.net/grading.html

++ This Months Little Dragons Tae-Yong Winners!

Well done to Thea and Alex for taking Tae-Yong home this month!!

Who will it be next month?

