



PHOENIX TAEKWONDO



looking back over a
month of Taekwondo

Inspiring a Generation

CELEBRATING THE RETURN OF ALL PHOENIX TAEKWONDO CLASSES!!



After 153 days of anticipation, waiting for the end of Lockdown, Phoenix Taekwondo finally returned to full strength in May with the return of our Senior students to Adult Classes. Moreover, May saw the return of our flagship Black Belt Academy: classes just for Black Belts. The Phoenix Black Belt Academy returned after a hiatus of more than 500 days!

It was a very happy feeling to see so many of our students of all ages and grades, return to full time training! More good news is that mitt kicking practice is now permitted in all Taekwondo classes and we await further updates and guidelines from the Government, the Department of Culture, Media & Sport (DCMS), Sport England and other Home Nation bodies via our NGB British Taekwondo, anticipating a return to complete normal Taekwondo training in the next few months.



JUNE CLASS TIMETABLE

Every Wednesday

6:20 - 7:10pm Juniors Beginners
7:10 - 8:00pm Juniors Advanced
8:00 - 8:50pm Black Belt Academy

Every Friday

6:00 - 6:25pm Little Dragons
6:30 - 7:20pm Juniors Beginners
7:25 - 8:15pm Juniors Advanced
8:20 - 9:10pm Adults

Every Sunday

4:00 - 5:00pm Focus Session TBD



UPCOMING EVENTS IMPORTANT DATES

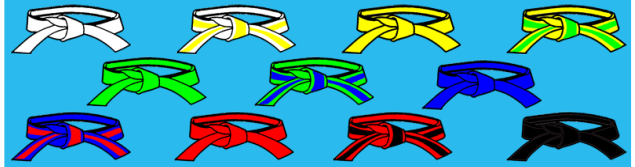
- June 13th Sun: Focus Session: Poomsae
- June 20th Sun: Focus Session: Gradng Syllabus
- June 27th Sun: Focus Session: Mock Grading
- July 4th Sun: Focus Session: Dan Grading Prep
- July 9th Fri: Little Dragons Belt Grading
- July 11th Sun: Focus Session: TBD
- July 18th Sun: Phoenix Summer Club Grading
- July 25th Sun: Focus Session: TBD

Recent Little Dragon Graduates!

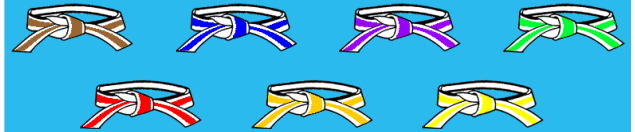
Welcoming more of our graduates from the Phoenix Little Dragons into the Phoenix Juniors! Congratulations to Eva, Amelie, Charlotte, James, Baxter and Eilidh.



Phoenix Summer Grading Dates



The next Phoenix Club Grading will be held on Sunday July 18th. Details to be announced soon so watch this space.



The next Little Dragons Belt Grading will be held on Friday July 9th. Details to be announced soon.



Phoenix Referees participate in GB National Squad Selection

Last month, Phoenix national Poomsae referees Chris and Eunmi were called upon to help out with the judging for the GB National Poomsae Team. This was the first Team GB team ranking event of the year and involved dozens of athletes from under 11 categories through to the age 66+ categories. A busy but very educational week. This experience also feeds back into the Poomsae development at our own club.

Little Dragons Stickers for Everyone

We have added a new cool Little Dragons sticker to all our Little Dragons New Starter packs that we hand out to new starters containing everything beginners need to know about Phoenix Taekwondo. Then we thought it was a little unfair that all our current Little Dragons didn't have one, so we decided to give all of our current Little Dragons class their own sticker! These are great to put on books, pencil cases, waterbottles, etc



This Month's Little Dragons Tae-Yong Award Winners!

Congratulations to this month's Tae-Yong award winners, Daniel, Evie, Jack and Alastair!

All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

