



PHOENIX

TAEKWONDO



looking back over a month of Taekwondo

Inspiring a Generation

PHOENIX TAEKWONDO CROWNED 2026 WALES INTERNATIONAL CHAMPIONS

In one of the most successful events in the history of our club, Phoenix Taekwondo, conquered the 2026 Wales Performance Championships, winning the team trophy with a staggering 36 Gold, 22 Silver and 11 Bronze medals with a total medal points score of almost the 2nd, 3rd and 4th place teams put together. Every single Phoenix athlete who competed on the day came away with a medal, with Phoenix scoring Gold in more than half the categories entered and medaling in 93% of all categories we competed in on the day. We also supplied Russell as a referee to support the event.



WALES 2026 MEDAL ROLL CALL

- Matthew P: Gold, Bronze
- Trevor O: Silver, Silver
- Thea M: Silver
- Dylan S: Gold, Silver, Silver
- Eleanor W: Gold, Silver
- Eunmi P: Gold, Silver, Silver
- Chris P: Silver
- Barney K: Gold, Silver, Silver, Silver
- Julia L: Silver
- Ivaan S: Gold, Bronze
- Nathan L: Silver, Bronze
- Hanna S: Gold, Gold, Silver, Bronze
- Matilda S: Gold, Gold, Gold, Silver
- Seth G: Gold
- Johnny C: Gold, Gold, Bronze
- Sebastian D: Gold, Gold, Silver
- Amanda S: Gold, Gold, Gold
- Alan S: Gold, Silver
- Victoria B: Gold, Silver, Silver
- Luke G: Gold, Gold
- Sophie S: Bronze, Gold, Gold
- Dia P: Gold, Gold, Gold, Silver
- Emma K: Gold, Bronze, Gold, Silver
- Christopher B: Gold, Gold
- Elliott J: Bronze, Bronze
- Olivia C: Gold, Bronze
- Josee H: Gold
- Nayan A: Gold, Gold
- Lina B: Bronze



UPCOMING EVENTS IMPORTANT DATES

- Jun 14 Sun: Summer Public Demonstration (Blewbury)
- Jun 27 Sat: Summer Public Demonstration (Ladygrove)
- Sep 20 Sun: Black Belt Seminar @Phoenix
- Oct 17 Sat: Aquila Poomsae Championships
- Nov 7-8: National Poomsae Championships
- Nov 15 Sun: Black Belt Examination @Phoenix
- Nov 20 Fri: Little Dragons Belt Grading
- Nov 22 Sun: Phoenix Club Grading
- April 24 2027 Sat: Phoenix Charity Stage Show

PHOENIX SUMMER GRADING EXAMINATION RESULTS



PHOENIX TAEKWONDO



SUMMER GRADING



The Phoenix Taekwondo Summer Grading Examination was held on Sunday 10th May. This was a full day event with all of the Phoenix Juniors (beginner and advanced classes) plus the Phoenix adults getting together to attempt their next belt in Taekwondo. Altogether, we had almost 90 students grading, ranging from those entering their very first grading with the club for Yellow Stripe Belt, to those attempting the highest Black Stripe Belt examination, the final grading with the club before the long preparation for the national level Dan (Black Belt) Examinations. The examination was made by our external examiner Master Kiraleigh from the London Il-Shim Taekwondo club, ensuring that all our students were independently assessed. Everyone did their best but remember, the grading is an examination and not everyone was successful on the day. Special congratulations go out to our Grading Merit Award students for exceptionally high scoring performances; Sebastian, Josh, Christopher, Josh, Vanmayi, Esther, William and Nayan!



LITTLE DRAGONS BELT GRADING SUCCESS



Our Dragons Belt Grading was held on Friday May 8th and was a great success, with over 30 Dragons gaining their next belts in Taekwondo! Congratulations go out to our Merit Award Winners; Sofia, Pranavi, John, Anastasia, Martin and Charlotte.



REMINDER: SAVE THE DATE
PHOENIX TAEKWONDO
SUMMER DEMONSTRATION

LADYGROVE PARK PRIMARY SCHOOL
SUMMER FETE
SATURDAY 27TH JUNE
14:00 - 17:00

3:00pm PHOENIX TAEKWONDO DEMONSTRATION

Phoenix Taekwondo have once again been invited to perform at the Ladygrove Park Primary School Summer Fete. This will be a full class demonstration for everyone, outside from 3:00pm on Saturday 27th June. We will be rehearsing this month for this important event!

This Month's Little Dragons Tae-Yong Award Winners!

Congratulations to this month's Tae-Yong award winners Martin, Heesha, Divisha and Igor! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker. Who will it be next month?

