



Inspiring a Generation

# Phoenix Taekwondo

## First senior student **BLACK BELTS** at PHOENIX TAEKWONDO!



BRITISH  
TAEKWONDO

Huge and massive congratulations to Phoenix Taekwondo senior class stars Dale Smith, Kath Heard and Dave Keeling for passing their 1<sup>st</sup> Dan Black Belt grading examination on 19<sup>th</sup> November at the National Dan Grading Examination down in Southampton. The successful trio are pictured here with British Taekwondo Chief Examiner 8<sup>th</sup> Dan Black Belt Grand Master Ian Lennox.



The grading day itself was an extremely tough affair consisting of Poomsae (patterns), Destruction (on a monster break-board) and the sparring section including some grueling One-for-One kick sparring, competition sparring, One-Step sparring and Self-Defence techniques. As well as their performance on the day, Dale, Kath and Dave had spent many hours both inside and outside our classes preparing themselves in the months leading up to the national examination day so entered very well prepared. The day concluded

with a nail-biting wait for the final results to be announced. More than 60 students from clubs all over the country took part in the examination, and there were some tears with not everyone passing, although we are happy to say, Phoenix Taekwondo maintains its 100% pass rate at the national level! Successful candidates received their new Black Belt, British Taekwondo National Certificate and will later receive their official grading certificate direct from the Kukkiwon Taekwondo World Headquarters in South Korea!



Phoenix Taekwondo shared a TKD taster evening with the 12<sup>th</sup> Didcot Scouts group this month.

Introducing the scouts to blocking and kicking techniques, as well as trying on our Olympic Headgear signed by Team GB! Special thanks to Phoenix students Matthew, Stephen, Jack, Andrew, Ben, James and Adam for leading on the night.



### ++ Important Dates

**Thurs 1<sup>st</sup> Dec: Taekwondo "The Journey" box office open**

**Weds 14<sup>th</sup> Dec: Final Wednesday class before Christmas**

**Fri 16<sup>th</sup> Dec: Final Friday class before Christmas**

**Sun 18<sup>th</sup> Dec: Final Sunday class before Christmas**

## Big Success at the Phoenix Taekwondo Winter Club Grading



Sunday 19<sup>th</sup> November saw our Winter club Grading Examination for all our Junior and Senior students. The turnout was enormous, with over 70 students entering the grading, from beginner grades attempting their first belt to those grading for 1<sup>st</sup> Kup Black Stripe, making their very last grading with the club before the Black Belt Nationals! We were very pleased to welcome back Pablo Baldwin as our external examiner again and extremely happy that the examiner noted that in general, there had been a noticeable improvement in the candidates compared to last time he came



to grade us. Once again the examiner singled out a select few, as the highest performers and most improved during the grading; awarding Grading Merit Certificates to Ruby, Luke, Madison, Ben and Ben.

### Design the Phoenix Taekwondo badge for our show next year!

Remember we are looking for a new badge to commemorate the 20<sup>th</sup> anniversary of Phoenix Taekwondo at our show "The Journey" next year. The winning design will be used to create a badge to be awarded to all participants in the show! Closing date is the first class of the new year so get designing!

Download entry forms at: <http://bit.ly/phoenix20design>



### Taekwondo "The Journey", coming Saturday, February 25<sup>th</sup> 2017

Tickets are disappearing fast for our spectacular show next year. Phoenix Taekwondo are performing "The Journey" as part of the Abingdon Amey Theatre's season of events. Everything from the show will go to the charity ROSY!

Grab your tickets before it's TOO LATE!!!

Event: <http://bit.ly/tkdjourneyboxoffice>

Tickets: <http://bit.ly/tkdjourneybuytickets>



### ++ This Months Little Dragons Tae-Yong Winners!

Well done to Isaac, Noah, Amelia and Connor for taking Tae-Yong home this month!!  
Who will it be next month?

