



WELCOMING 28 NEW BLACK BELT GRADES



On Sunday 19th November, Phoenix Taekwondo hosted the 2023 Winter Black Belt Grading. The event was attended by 122 candidates converging from all over the country. Running from 9:00am to 5:30pm everyone was tested by a panel of 8 high-grade Black Belt examiners, covering Poomsae (patterns), sparring, self-defence and destruction. Phoenix Taekwondo entered 28 candidates and we are elated to report a 100% pass rate for the club in what was a very challenging examination. We were also honoured to have the Mayor of Didcot attend the final presentation to award the successful candidates their new belts and certificates. A successful and proud day for the club.



Congratulations to new Phoenix Black Belts Annabel, Rafa, Clement, James, Lennon, Hayden, Lucas, Harry, Nathaniel, Shilang, Teifi and Rhi. Congratulations to our new higher level 2nd Dan Black Belts Daniel, Charlotte, Trevor, Jon, Richard, Eirllys, Arlo, Oliver, Emily, Ollie, Tom and Felix. Congratulations to our higher 3rd Dan Black Belts and family Dave, Jo and Eva. Finally, massive congratulations to Phoenix Instructor Russell on passing his 5th Dan Black Belt and now a recognised Master .



UPCOMING EVENTS IMPORTANT DATES

- Nov 26th Sun: Phoenix Club Grading
- Dec 15th Fri: Final Taekwondo class before xmas

PHOENIX TAEKWONDO HAS A NEW MASTER GRADE BLACK BELT

As instructors we are still learning and progressing in Taekwondo ourselves. At the 2023 Winter Black Belt Examination we had a special entry from Phoenix instructor Russell, attempting his 5th Dan Black Belt! Russell has been training behind the scenes, 3 times a week, over the past 6 months for his examination. On the day, he had to perform numerous high-level Poomsae (patterns), sparring, self-defence - including against knife attacks, plus 3-directional board destruction - his choice included a spectacular flying side kick and jumping back kick. We are so very proud to announce that Russell was successful in his grading examination and has now been awarded the rank of 5th Dan Black Belt Taekwondo Master - Congratulations!



New Belts for the Phoenix Taekwondo Little Dragons at the Dragons Belt Grading



November saw our Little Dragons take to the floor performing all the Taekwondo they have learnt in preparation for their next Dragon Belt. The Belt Grading was held in the normal class time in front of all parents. As well as moving through all the blocks, strikes and kicks together, the Dragons had to perform line-by-line in front of the rest of the class and spectators. Everyone performed with really impressive confidence, remembering that these guys are still only 5-8 years old, it was amazing to see and made us very proud. New belts and certificates were awarded at the next class in the following week. As usual we

identified a number of students for our Grading Merit Awards, who performed particularly well scoring exceptionally high scores. Congratulations for their Merit Awards go out to William, Joshua, Gwen, Emma, William and Henryk. We are looking forward to seeing all those shiny new coloured belts in the classes!

This Months Little Dragons Tae-Yong Award Winners!

Congratulations to this month's Tae-Yong award winners, Alex, Akani and Connor!

All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

