



Inspiring a Generation

Phoenix Taekwondo

Celebrating New Belts for all our Little Dragons



Massive CONGRATULATIONS to all of our Little Dragons who successfully completed the Dragon Belt Grading on the 13th October. The grading evaluated everybody's progress and saw the Little Dragons demonstrate their blocking and punching, their one-for-one kick sparring and their kicking ability against the kicking mitts. Not only was the standard of Taekwondo very high we were



also extremely pleased with the behavior and discipline exhibited throughout the grading by every Little Dragon. It was great to see our students perform not only altogether but also in small groups in front of everyone! The presentation for new belts and certificates was held on the following Friday 20th October. An extra special



well done goes out to Isaac, Jamie and Tegan, for their Grading Merit certificates for high scoring performances! It looks like our Little Dragons, especially all our recent new starters



who obtained their very first belt are well set on their Taekwondo Journey!



Junior Poomsae Battle Nights Coming Soon!



Watch this space for our light hearted and relaxed Junior Poomsae Battle Nights across all classes. We will see 4 BIG teams battle it out against each other with blind audience voting. There may even be some prizes for the winning teams!



++ Important Dates

Sunday 5th November: Black Belt Training Session

Sunday 12th November: National Dan Grading Examination

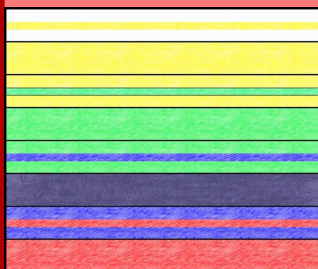
Sunday 19th November: Winter Grading Examination

Friday 24th November: Grading Examination Presentation

Wednesday 29th November: Junior Poomsae Battle I

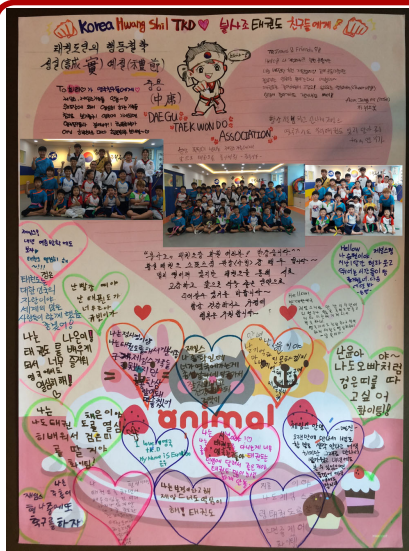
Friday 1st December: Junior Poomsae Battle II

Phoenix Taekwondo Grading Syllabus Videos now available from the Phoenix Website!



We are very excited to announce that you can now view all the basic techniques required for each grading syllabus for every grade from Yellow Stripe to Red Belt on the Phoenix website or on the Phoenix YouTube Channel. Please follow the following links to explore;

www.phoenixtaekwondo.net/grading.html
www.bit.ly/phoenixsyllabus



Message Board from our all new Taekwondo friends in South Korea

The lovely message board we received from our friends at Hwang Shil Taekwondo in South Korea was doing the rounds across all Phoenix TKD classes during October. It is fantastic to build up these international links between the children of different distant nations!

Phoenix Taekwondo Winter Grading Examination



The Phoenix Taekwondo Winter Grading for all Junior and Senior students will be held on **Sunday 19th November**. For this grading we again will have an external examiner with many years of Taekwondo experience to evaluate our students. Given the large number of students expected to enter the Grading Examination, the actual examination day will be spread out over 4 individual grading events. Students will only be required to attend the time for their specific grade. Please take some time to check the schedule below and talk to us at the class if you have any questions!

- Venue:** - Manor School, Lydalls Close, OX11 7LB
- 12:30** - Doors Open
- 13:00 – 14:30** - Beginner Juniors grading for Yellow Stripe – Blue Belt (current White Belts – Blue Stripe).
- 14:40 – 15:30** - Advanced Juniors grading for Red Stripe – Red Belt (current Blue Belts - Red Stripes).
- 15:40 – 16:45** - All Seniors grading for Yellow Stripe – Red Belt (current White Belts - Red Stripes).
- 16:50 – 17:30** - Juniors and Seniors grading for Black Stripe (current Red Belts).

As with every grading, a pass is obviously not guaranteed and as usual students **must be able to complete the relevant patterns for each grade correctly and with power**. Obviously a higher standard is expected from our more advanced grade students (i.e., grading for Blue Belt and above). However, it will be a great chance for everyone to show their Taekwondo off to an independent examiner and a great accolade if successful!

Successful students will receive their new Taekwondo Belt and official National Certificate at the Grading Presentation Ceremony to be held at the normal class on Friday 24th November from 7pm towards the end of the Beginner Junior class.

++ This Months Little Dragons Tae-Yong Winners!

Well done to Alex and Jennifer for taking Tae-Yong home this month!!
 Who will it be next month?

