



Inspiring a Generation

# Phoenix Taekwondo

## Phoenix Taekwondo students at the National Dan Grading Seminar Liverpool



Hats off to Phoenix Taekwondo students Dave and Dale who trekked up to Liverpool for the National Taekwondo seminar at 09:30am start time (that's something like a 4am leave time)! That's real Taekwondo spirit! Pictured with the British Taekwondo chief instructor Grand-Master Ian Lennox (8<sup>th</sup> Dan Black Belt) and Master Dan Thomas (5<sup>th</sup> Dan).

## Phoenix Taekwondo Best Attendance Awards 2016



We recognize its sometimes difficult to make it out to Taekwondo on these cold dark nights after a long day at school so it's great to see so many of you with such high attendance! This year, special attendance awards were presented to Little Dragons; Marie, Cailen and Ben. Beginner Juniors Friday; Charlotte, Nathan, Ryan and Jonas. Beginner Juniors Wednesday; Sam, Tom, Harry and Jennifer. Advanced Juniors Owen, Bruno, Jack and Sammy. Although the competition was tough as many students registered an amazing 90% attendance rate, these students managed a staggering 93%-97% attendance rate, that means they only missed a handful of classes over the entire year! That's real Taekwondo spirit and dedication! Well Done! Keep it up!!

## ++ Important Dates

**Sunday 2<sup>nd</sup> October: TKD Show Dance Fusion Auditions**

**Friday 7<sup>th</sup> October: Little Dragons Belt Grading**

**Friday 14<sup>th</sup> October: No Taekwondo Class**

**Sunday 16<sup>th</sup> October: Club Poomsae Championship**

**Monday 17<sup>th</sup> October: Phoenix TKD @ Brownies**

**Friday 21<sup>st</sup> October: Little Dragons Grading Presentation**

**Monday 7<sup>th</sup> November: Phoenix TKD @ Scouts**

**Saturday 19<sup>th</sup> November: National Black Belt Grading**

**Sunday 20<sup>th</sup> November: Junior/Senior Grading Examination**



### It's a Year already!

Celebrating one year of our Phoenix Taekwondo Newsletter – keeping all our members up to date!

All our Newsletters are always available on the Phoenix Taekwondo website at:  
[www.phoenixtaekwondo.net/members.html](http://www.phoenixtaekwondo.net/members.html)

## Phoenix Taekwondo Poomsae Tournament coming Sunday Oct 16<sup>th</sup>!



The Phoenix Taekwondo Poomsae Tournament will be held on Sunday 16<sup>th</sup> October at our Sunday Venue: Manor School.

Spectators are most welcome!

All Juniors (individual/pair/team): 2:30-4:00pm

Parent-Child (pairs): from 4:00pm

Adults (individual/pair/team): 4:00-5:30pm

There will be Medals to be Won!!!!

Although registration is now closed.... there is **still time** to submit a team/pair!



## Little Dragon Graduation!



Congratulations to Little Dragons Ben and Matthew on their graduation to the Junior Class at the beginning of this TKD term. Both received their Dragons graduation badge to add to their new Taekwondo doboks!

## Taekwondo Show 2017 update: TKD Fusion Dance Auditions



**Feeling the Rhythm:** In preparation for our BIG show next year "Taekwondo: The Journey 2017", celebrating 20 Years of Phoenix Taekwondo and 5 years in Oxfordshire, we made a call for auditions, for students aspiring to join the Phoenix Taekwondo Dance Fusion Team. The turn out was really great.

For the audition all the candidates had to learn a Taekwondo dance fusion piece set to music with no prior preparation and in addition, perform a freestyle routine. The bar was set pretty high but all students performed amazingly in front of a panel of both Taekwondo and dance judges! Looks like we have some future stars in the making!

Don't worry if you missed this chance, there will be plenty of other opportunities for everyone to take part in the show! Watch this space!

## Phoenix Taekwondo Student makes UK Sport Olympic "Discover Your Fight" Audition!



We are really pleased to announce that Phoenix Taekwondo's senior class student Ellen has been selected by the "Discover Your Fight" campaign run by UK Sport to attend the Discover Your Fight Phase 1 Talent Assessment Event for Taekwondo. This will be taking place in London on 5<sup>th</sup> November.



More info at: [www.uksport.gov.uk/our-work/talent-id](http://www.uksport.gov.uk/our-work/talent-id)

## ++ This Months Little Dragons Tae-Yong Winners!

Well done to Amy, Sophie, Ariana and Elliot for taking Tae-Yong home this month!! Who will it be next month?

