



looking back over a month of Taekwondo

TAEKWONDO

Inspiring a Generation

BIG PHOENIX COMPETITION SUCCESS



In one of the finest moments in Phoenix club history, Phoenix Taekwondo took away the 3rd place overall team trophy at the Bluewave Taekwondo Championships, competing against almost 500 competitors from 45 Taekwondo clubs from across the country, winning 13 Gold, 8 Silver and 9 Bronze medals. Our athletes ranged from our beginner grades through to Black Belt, with many students entering their first competition.



EVENTS OCT

UPCOMING EVENTS IMPORTANT DATES

- Oct 16th Sun: Learn your next pattern workshop
- Oct 23rd Sun: Black Belt Grading Prep Session
- Oct 30th Sun: Black Belt Grading Prep Session
- Oct 30th Sun: Poomsae Squad Training
- Oct 30th Sun: No Sunday Class
- Nov 6th Sun: Poomsae Squad Training
- Nov 12-13: National Poomsae Championships
- Nov 20th Sun: Black Belt Exam (Lincolnshire)
- Nov 25th Fri: Little Dragons Belt Grading
- Nov 27th Sun: Phoenix Club Grading
- Dec 16th Fri: Last class before xmas break
- Jan 4th Weds: Taekwondo returns 2023

Celebrating 8 Years of Phoenix Newsletters

Each month, Phoenix students have been kept up to date with the club Newsletter. It has been 7 years this month, since our very first issue. All 84 issues can still be seen on the Phoenix website at: www.phoenixtaekwondo.net/members.html

Little Dragons Popularity: 100% Full Capacity



The Phoenix Little Dragons give our youngest members a kick start into Taekwondo, in a fun but structured environment. The classes at Willowbrook Leisure Centre are extremely popular at the moment and we have now reached full capacity and have opened up a waiting list for new members wanting to join the Phoenix family.

Inspiring a Generation

Phoenix Taekwondo

New Phoenix Taekwondo Website Launch!

Phoenix Taekwondo are really proud to announce the launch of your new club website: www.phoenixtaekwondo.net

Our website has had a complete makeover and is packed with information with useful tips for Taekwondo techniques, history and background, class calendar, Korean words used in class, grading syllabus to download and a special dedicated video and step-by-step guide to Taekwondo Poomsae (patterns) to get you ready for your next grading! Do make sure you check it out!

Update: British Taekwondo 100 Member Club Award.

In May 2015, the U.K. National Taekwondo Body published statistics on the number of Taekwondo Schools within the U.K. Identifying a new '100 Member Club' group! In total there are 655 Taekwondo clubs registered with British Taekwondo in the U.K. of which only 16 clubs have more than 100 members. Phoenix Taekwondo were selected as the first 'Taekwondo Club in the U.K. to receive a '100 Member Club' award. We received £100 in Taekwondo equipment that we have used to get speed cones, speed rings and some extra large kick bags for the class! We would like to thank all our students and supporters for making this possible!

Welcome Little Dragon Eddie to the Juniors

Welcoming Eddie to the Phoenix Juniors! Eddie graduated from the Little Dragons last month, receiving his exclusive Tae-Yong graduation badge!



NATIONAL LEVEL BLACK BELT DAN GRADING EXAMINATION

EXAMINATION: SUNDAY 20TH NOVEMBER

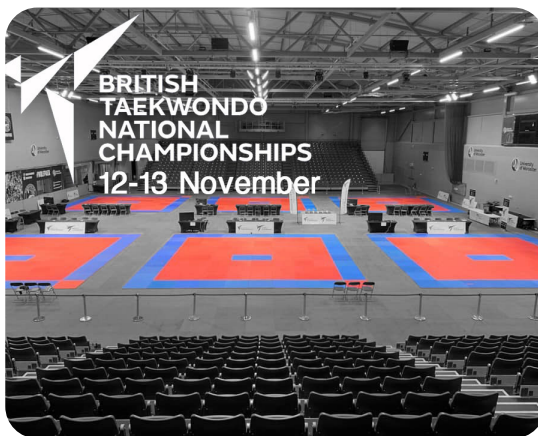
VENUE: BOSTON, LINCOLNSHIRE

PHOENIX TAEKWONDO

불사조 태권도

National Dan (Black Belt) Grading Examination

The national level Black Belt examinations are approaching on Sunday 20th November. We will be circulating registration details in the next week. You will need copies of your Kup certificates and photos (we will take these at the class). Please keep your attendance high each week so you are prepared!



National Poomsae Championships 2022

This year's national Poomsae championships will be spread across the weekend of 12-13 November with the Black Belts competing on the Saturday and Kup (coloured belt) grades on the Sunday. We have pre-registered our squad to beat the rush and will be confirming with our team at the classes.

This Months Little Dragons Tae-Yong Award Winners!



Congratulations to this month's Tae-Yong award winners, Lily, Zac, Sejal, Noah and Shovik! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

