



PHOENIX

TAEKWONDO

looking back over a
month of Taekwondo

Inspiring a Generation



Phoenix Taekwondo Host National Level Black Belt Seminar



September saw over 100 students from clubs across the country converge on Didcot and Phoenix Taekwondo for the 2026 Taekwondo Dongmeng Group, Winter Black Belt Seminar. The seminar sets a milestone towards the national level Black Belt Dan Examinations that Phoenix Taekwondo has been invited to host in November. The participants benefited from instruction from the members of the Black Belt Examination Panel, including 8th Dan Grandmaster Steeper. The day covered the entire Black Belt syllabus, setting our students up well for the coming November Examination.



Phoenix Athlete Represents GB and Oxford in Albania at European Student Championships

We are super proud of Phoenix Para Poomsae athlete Eleanor as she represented both the UK and University of Oxford at the EUSA student games in Albania last month! First of all, there were some tremendous logistical problems to overcome - like nowhere to stay!! Eleanor also had to deal with the challenge of being the only para-athlete at the competition and having to compete in the regular category against an athlete on the Portuguese national team, narrowly missing out by only 0.2 points on her Keumgang Poomsae. Certainly an experience and a fantastic achievement!



UPCOMING EVENTS IMPORTANT DATES

Oct 17 Sat: Aquila Poomsae Championships

Oct 31-Nov 1: National Poomsae Championships

Nov 8 Sun: Mock (Club & Black Belt) Gradings

Nov 15 Sun: Black Belt Examination @Phoenix

Nov 20 Fri: Little Dragons Belt Grading

Nov 22 Sun: Phoenix Club Grading

April 24 2027 Sat: Phoenix Charity Stage Show

Taekwondo Meets Rocket Science

We were privileged last month to have Master Ludovic visit us from the Netherlands - as the Taekwondo Instructor at the European Space Agency. Our Advanced Juniors Class and Black Belt Academy both benefited from his expertise and experience, learning new techniques and movements including rolls and falls and ground kicking. A big shout-out to Phoenix Junior Black Belt Sammie who acted as a demonstrator across both classes. We also presented Master Ludovic with his own personalised Phoenix Black Belt Academy Hoodie as thanks! Phoenix Taekwondo builds communities across all borders across the world.



Scouts Martial Arts Badge

Congratulations to Edward on achieving his Scouting Martial Arts Badge - a fantastic achievement!

If you missed Edwards Taekwondo explainer video, it's still available to watch at:

<https://youtu.be/NvTgrQIBn7A>



Summer Kicking Photo Competition Winners

Congratulations to all of our 2026 Phoenix Summer Kicking Photo Challenge Winners. We received entries across all our classes from Little Dragons through to our Adults. Everyone who submitted their awesome kick during the Summer received a special prize from Korea including Keyrings, Kukkiwon Demo Team Tags and Korea Luggage Tags.

Phoenix Supporting Competition Events

Phoenix Taekwondo have a strong reputation for supporting competition events across the country. In September we supplied two of our highest referees (Chris and Eunmi) to support the Bluewave Championships - the 2nd largest in the country.



This Month's Little Dragons Tae-Yong Award Winners!

Congratulations to this month's Tae-Yong award winners Aiden, Henry, Jacob and Jayah! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

